

Sefer Aleph Barnava (1 Timothy)

Chapter 4

בְּעֵתִים אַרְבָּעָה עֲשֵׂר וְעֶשֶׂר כָּלָמִידָה בְּעֵתִים אַרְבָּה עֲשֵׂר וְעֶשֶׂר כָּלָמִידָה 1Tim4:1
בְּעֵתִים אַרְבָּה עֲשֵׂר וְעֶשֶׂר כָּלָמִידָה בְּעֵתִים אַרְבָּה עֲשֵׂר וְעֶשֶׂר כָּלָמִידָה

וְהַרְיוֹן מָגִיד בְּפְרוֹשָׁה כִּי בְּאַחֲרִית הַיּוֹם יִסּוּרֹן
מִן־הָאֱמִינָה לְפָנָות אֶל־הַרְיוֹחוֹת הַמְּתֻעָות וְאֶל־תּוֹרָת הַשְׁדִים:

1. w'haRuach magiyd b'pherush ki b'achariyth hayamiym yasuru
min-ha'emunah liph'noth 'el-haruchoth hamath'oth w'el-toroth haschediyim.

1Tim4:1 But the Spirit explicitly says that in later times some shall fall away from the faith,
paying attention to deceitful spirits and doctrines of demons,

<4:1> Τὸ δὲ πνεῦμα ῥητῶς λέγει ὅτι ἐν ὑστέροις καιροῖς ἀποστήσονται τινες πίστεως
προσέχοντες πνεύμασιν πλάνοις καὶ διδασκαλίαις δαιμονίων,

1 To de pneuma hrētōs legei hoti en hysterois kairos apostēsontai tines tēs pisteōs prosechontes
pneumasin planois kai didaskaliais daimoniōn,

בְּבָרֵר שְׁקָר בְּחַנְפָה וְגַכּוּם בְּמַקְעָם:

2. dob'rey sheqer bachanupah w'nik'wiym b'mada'am.

1Tim4:2 speaking lies in hypocrisy; having their own conscience seared with a hot iron,

<2> ἐν ὑποκρίσει ψευδολόγων, κεκαυστηριασμένων τὴν ἰδίαν συνείδησιν,

2 en hypokrisei pseudologōn, kekaustēriasmēnōn tēn idian syneidēsin,

גְּאָסָרִים לְקַחַת אַשָּׁה וּמְנֻعִים מִפְגִּיר מִאָכָל
אֲשֶׁר בְּרָאָם הָאֱלֹהִים שִׁיאָכְלִים בַּתּוֹךְ הַמְּאָמִינִים וַיַּדְעֵי הָאָמָתָה:

3. 'os'riym laqachath 'ishah umon'iyim mimiyyney ma'akal
'asher b'rā'am ha'Elohim sheyo'k'lum b'thodah hama'amiyniyim w'yod'ey ha'emeth.

1Tim4:3 forbidding to marry, and commanding to abstain from foods

which the Elohim has created to be received with thanksgiving of them which believe and know the truth.

<3> καλυσόντων γαμεῖν, ἀπέχεσθαι βρωμάτων,

ἄ ὁ θεὸς ἔκτισεν εἰς μετάλημψιν μετὰ εὐχαριστίας τοὺς πιστοῖς καὶ ἐπεγνωκόσι τὴν ἀλήθειαν.

3 kōluontōn gamein, apechesthai brōmatōn,

ha ho theos ektsen eis metalēmpsin meta eucharistias tois pistoisi kai epegnōkosi tēn alētheian.

דְּכִי כָּל־בָּרִית אֱלֹהִים טֹבָה וְאֵין ذָבָר מְשֻׁקָּץ וּבָלְבָד שִׁיאָכָל בְּבָרְכָה:

4. ki bal-b'riyath 'Elohim tobah w'eyn dabar m'shuqats ubil'bad sheye'akel bib'rakah.

1Tim4:4 For everything created by Elohim is good, and nothing is to be refused if it is received with thanksgiving;

<4> ὅτι πᾶν κτίσμα θεοῦ καλὸν καὶ οὐδὲν ἀπόβλητον μετὰ εὐχαριστίας λαμβανόμενον.
4 hoti pan ktisma theou kalon kai ouden apoblēton meta eucharistias lambanomenon;

5 עַתָּה כִּי יְקַדֵּשׁ בְּדָבָר אֱלֹהִים וּבְתְּפִלָּה:

5. ki y'qudash bid'bar 'Elohim ubith'phiylah.

1Tim4:5 for it is sanctified by the word of Elohim and prayer.

<5> ἀγιάζεται γὰρ διὰ λόγου θεοῦ καὶ ἐντεύξεως.

5 hagiazetai gar dia logou theou kai enteuxēos.

6 בְּעַמְּדָתֶשֶׁם קָזָאת לְפָנֵי אֲחֵיךְ מִשְׁרָת טוֹב תְּהִיה לִיהוּשָׁע הַמָּשִׁיחַ
מַגְּדָל בְּדָבָרִ חָאמֹנוֹת וּבְלִקְחַת הַטּוֹב אֲשֶׁר דָּבָאָת אֲחָרוּ:

6. 'im-tasiym kazo'th liph'ney 'acheyak m'shareth tob tih'yeh l'Yahushua haMashiyach
m'gudal b'dib'rey ha'emunah ubaleqach hatob 'asher dabaq'at 'acharayu.

1Tim4:6 If you put the brethren in remembrance of these things, you shall be a good servant of the Mashiach Yahushua, nourished on the words of the faith and of the good doctrine whereunto you have attained.

<6> Ταῦτα ὑποτιθέμενος τοῖς ἀδελφοῖς καλὸς ἔσῃ διάκονος Χριστοῦ Ἰησοῦ, ἐντρεφόμενος τοῖς λόγοις τῆς πίστεως καὶ τῆς καλῆς διδασκαλίας ἥ παρηκολούθηκας.

6 Tauta hypothemenos tois adelphois kalos esē diakonos Christou Iēsou,

entrephomenos tois logois tēs pisteōs kai tēs kalēs didaskalias hē parēkolouthēkas;

7 אַךְ הַתְּבִחַק מִתְּבָדּוֹת פְּסוּלֹת וּבְלֹת וּמִרְגָּל נִפְשָׁךְ בְּחִסְידִוָּת:

7. 'a'k hith'racheq mehagadot p'suloth ubaloth w'har'gel naph'sh'ak bachasiyduth.

1Tim4:7 But refuse profane and old wives' fables, and exercise yourself rather unto holiness;

<7> τοὺς δὲ βεβήλους καὶ γραῶδεις μύθους παραιτοῦ. γύμναζε δὲ σεαυτὸν πρὸς εὐσέβειαν.

7 tous de bebēlous kai graōdeis mythous paraitou. gymnaze de seauton pros eusebian;

8 עַתָּה כִּי תַּרְגּוֹל חִיּוֹת יוֹעֵיל מַעַט אֶכְל הַחֲסִידִוָּת תֹּועֵיל לְכָל-דָּבָר
וְלֹה הַבְּטַחַת חִיּוֹת הַזֹּה וְהַעֲזָלָם הַבָּא:

8. ki tir'gul haguph yo`iyil m'at 'abal hachasiyduth to`iyil l'kal-dabar
w'lah hab'tachath chayey ha`olam hazeh w'ha`olam haba'.

1Tim4:8 for bodily exercise profit little, but holiness is profitable unto all things,

having promise of the present life and also of that which is to come.

<8> ἡ γὰρ σωματικὴ γυμνασία πρὸς ὀλίγον ἔστιν ὡφέλιμος,
ἡ δὲ εὐσέβεια πρὸς πάντα ὡφέλιμός ἔστιν ἐπαγγελίαν ἔχουσα ζωῆς τῆς νῦν καὶ τῆς μελλούσης.

8 *hē gar sōmatikē gymnasia pros oligon estin ophelimos,*

hē de eusebeia pros panta ophelimos estin epaggelian echousa zōēs tēs nyn kai tēs mellousēs.

ט אמת הָבָר הַזֶּה וְרוֹאוי לִפְלֵל לְהַתְקִבָּל:

9. ‘emeth hadabar hazeh w’ra’uy lakol l’hith’qabel.

1Tim4:9 This is a faithful saying and worthy of all acceptance.

<9> πιστὸς ὁ λόγος καὶ πάσης ἀποδοχῆς ἄξιος·

9 pistos ho logos kai pasēs apodochēs axios;

כִּי לֹא תְּזַעֲרֵנִי יְגִעֵים וּנְעָלֵבִים עַל-אָשֶׁר הוֹחָלַנִי:
לְאֱלֹהִים חַיִם הַמּוֹשִׁיעַ לְכָל-הָאָדָם וּעַל-כָּל מִשְׁמָרָתָם:

10. ki lazo’th ‘anach’nu y’ge`iyim w’ne`elabiyim `al-‘asher hochal’nu l’Elohim chayiyim hamoshiy`a l’kal-ha’adam w`al-kulam lama’amiyniyim.

1Tim4:10 For it is for this we labor and strive, because we trust in the living Elohim, who is the Savior of all men, especially of believers.

<10> εἰς τοῦτο γὰρ κοπιῶμεν καὶ ἀγωνιζόμεθα, ὅτι ἡλπίκαμεν ἐπὶ θεῷ ζῶντι,
ὅς ἔστιν σωτήρ πάντων ἀνθρώπων μάλιστα πιστῶν.

10 eis touto gar kopiōmen kai agōnizometha, hoti ēlpikamen epi theō zonti,

hos estin sōtēr pantōn anthrōpōn malista pistōn.

יא זוֹאת הַצֹּוֹה וְתַלְמִיד:

11. zo’th t’tsaueh uth’lamed.

1Tim4:11 These things command and teach.

<11> Παράγγελλε ταῦτα καὶ δίδασκε.

11 Paraggelle tauta kai didaske.

יב אַל-יְבוּז אִישׁ אֶת־בְּחוּרֹתֶיךָ בְּקַהְיָה מוֹפָת
לְמִשְׁמָרָתֶךָ בְּמִעְשֶׁה בְּאַחֲבָה (בְּרִיחָה) וּבְטָהָרָה:

12. ‘al-yabuz ‘iysh ‘eth-b’churotheyak raq heyeh mopheth lama’amiyniyim b’dibur b’mā’aseh b’ahabah (b’ruach) be’emunah ub’taharah.

1Tim4:12 Let no one despise your youth, but be you an example of believers in word, in conversation, in love, in spirit, in faith and in purity.

<12> μηδείς σου τῆς νεότητος καταφρονείτω, ἀλλὰ τύπος γίνου τῶν πιστῶν ἐν λόγῳ,
ἐν ἀναστροφῇ, ἐν ἀγάπῃ, ἐν πίστει, ἐν ἀγνείᾳ.

12 mēdeis sou tēs neotētos kataphroneitō, alla typos ginou tōn pistōn en logō,
en anastrophē, en agapē, en pistei, en hagneia.

לְקָרְבָּן כִּי תַּעֲמִיד שְׁקִיעָה לְקָרְזָא וְלְחֻכִּית וְלְהֹרֶת עַד־בָּאֵר: 13

13. weh'yeh shaqud liq'ro' ul'hokiyach ul'horoth `ad-bo'iy.

1Tim4:13 Until I come, give attention to the reading, to exhortation, to teaching.

<13> ἕως ἔρχομαι πρόσεχε τῇ ἀναγνώσει, τῇ παρακλήσει, τῇ διδασκαλίᾳ.

13 heōs erchomai proseche tē anagnōsei, tē paraklēsei, tē didaskaliā.

וְלֹא־תַּקְלִל בְּעִנִּיק מִתְּגִנָּת הַחֶסֶד אֲשֶׁר בְּךָ הַפְּתֻוגָּה לְךָ בְּדָבָר נְבוֹאָה
וּבְסִמְיכָת יְהִי הַזְּקִינִים: 14

14. w'al-teqal b`eyneyak mat'nath hachedes 'asher ba'k han'thunah l'ak bid'bar n'bu'ah
ubis'miykath y'dey haz'qeniyim.

1Tim4:14 Do not neglect the gracious gift that is in you, which was bestowed on you
through prophetic utterance with the laying on of hands by the presbytery.

<14> μὴ ἀμέλει τοῦ ἐν σοὶ χαρίσματος, ὃ ἐδόθη σοι
διὰ προφητείας μετὰ ἐπιθέσεως τῶν χειρῶν τοῦ πρεσβυτερίου.

14 mē amelei tou en soi charismatos, ho edothē soi
dia prophēteias meta epitheseōs tōn cheirōn tou presbyteriou.

טֹר לְאַלְה תְּשִׁית לְבָךְ וּבָהֶם הִיה לְמַעַן תְּרָאָה הַצְלָחָת לְפָלָל: 15

15. la'eleh thashiyth lib'ak ubahem heyeh l'ma'an tera'eh hats'lachath'ak lakol.

1Tim4:15 Meditate upon these things; give yourself wholly in them,
so that your progress may be evident to all.

<15> ταῦτα μελέτα, ἐν τούτοις ἴσθι, ἵνα σου ἡ προκοπὴ φανερὰ ἡ πᾶσιν.

15 tauta meleta, en toutois isthi, hina sou hē prokopē phanera ᵩ pasin.

עַל־לְבָךְ תְּשִׁית לְבָךְ וְלְהֹרֶת כִּי־בְּעַשְׂתָּה
טֹשִׁית לְבָךְ לְנֶפֶשׁ וְלְהֹרֶת וְהַחֲזָק בְּאַלְה כִּי־בְּעַשְׂתָּה
כֵּן גַּם אֶת־נֶפֶשׁ תֹּשִׁיעַ וְגַם אֶת־נֶפֶשׁ הַשְּׁמָעִים אַלְיָךְ: 16

16. shiyth lib'ak l'naph'sh'ak w'lahora'ah w'hachazeq ba'eleh

kiy-ba`asoth'ak ken gam 'eth-naph'sh'ak toshiy`a w'gam 'eth-nephesh hashom`iyim 'eleyah.

1Tim4:16 Pay close attention to yourself and to your teaching; persevere in these things, for in doing this you shall save both yourself and them that hear you.

«16» ἔπειχε σεαυτῷ καὶ τῇ διδασκαλίᾳ, ἐπίμενε αὐτοῖς·
τοῦτο γὰρ ποιῶν καὶ σεαυτὸν σώσεις καὶ τοὺς ἀκούοντάς σου.

16 epeche seautō kai tē didaskalię, epimene autois;
touto gar poiōn kai seauton sōseis kai tous akouontas sou.