

Sepher Tehillim (Psalms)

Chapter 102

א תְּפִלָּה לְעַנִּי בַּרְצָתָף וְלִפְנֵי יְהוָה רִשְׁבָּה שְׁרוֹה: Ps102:1
בְּיְהוָה שְׁמֻעָה תִּפְלַתִּי וְשׁוֹעֲדָה אֶלְيָךְ תִּבוֹא:

1. (102:1 in Heb.) t'philah l'ani ki-ya`atoph w'liph'ney Yahúwah yish'pok sicho.

Prayer of an Afflicted Man for Mercy on Himself and on Zion.

A Prayer of the Afflicted when he is faint and pours out his complaint before צְדָקָה.

א 101:1 Προσευχὴ τῷ πτωχῷ, ὅταν ἀκηδιάσῃ
καὶ ἐναντίον κυρίου ἔκχέη τὴν δέησιν αὐτοῦ.

1 Proseuchē tō ptōchō, hotan akēdiasē
A prayer to the poor whenever he is discouraged,
kai enantion kyriou ekcheē tēn deēsin autou.
and before YHWH he should pour out his supplication.

בְּיְהוָה שְׁמֻעָה תִּפְלַתִּי וְשׁוֹעֲדָה אֶלְיָךְ תִּבוֹא: 2
בְּיְהוָה שְׁמֻעָה תִּפְלַתִּי וְשׁוֹעֲדָה אֶלְיָךְ תִּבוֹא:

(102:2 in Heb.) Yahúwah shim`ah th'philathi w'shaw`athi 'eleyak thabo'.

Ps102:1 Hear my prayer, O צְדָקָה! And let my cry come to You.

א 2 Εἰσάκουσον, κύριε, τῆς προσευχῆς μου, καὶ ἡ κραυγὴ μου πρὸς σὲ ἐλθάτω.

2 Eisakouson, kyrie, tēs proseuchēs mou, kai hē kraugē mou pros se elthatō.
O YHWH, listen to my prayer, and my cry unto you let come!

ג 3 אַל־תָּסַתֶּר פָּנִיק מִמֵּנִי בַּיּוֹם צָר לִי
הַטָּה־אַלְי אַזְנָה בַּיּוֹם אַקְרָא מַהְר עֲנֵנִי:
אַל־תָּסַתֶּר פָּנִיק מִמֵּנִי בַּיּוֹם צָר לִי
הַטָּה־אַלְי אַזְנָה בַּיּוֹם אַקְרָא מַהְר עֲנֵנִי:

2. (102:3 in Heb.) 'al-tas'ter panejak mimeni b'yom tsar li
hateh-'elay 'az'nek b'yom 'eq'ra' maher `aneni.

Ps102:2 Do not hide Your face from me in the day of my distress;
incline Your ear to me; in the day when I call answer me quickly.

א 3 μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ.
ἐν ᾧ ἂν ἥμέρᾳ θλίβωμαι, κλίνον τὸ οὖς σου πρός με.
ἐν ᾧ ἂν ἥμέρᾳ ἐπικαλέσωμαι σε, ταχὺ εἰσάκουσόν μου.

3 mē apostrepsēs to prosōpon sou ap' emou;
You should not turn your face from me
en hē an hēmerā thlibōmai, klinon to ous sou pros me;
in which ever day I shall be afflicted. Lean to me your ear!
en hē an hēmerā epikalesōmai se, tachy eisakouson mou.
in which ever day I shall call upon you. Quickly heed me!

4 עַד־עֲזָבָה יְמִינֵךְ כַּלְבִּים אֶת־יְמִינְךָ כַּלְבִּים
ד כִּירְכָּלוּ בְּעַשְׁן יְמִינֵךְ וְעַצְמוֹתִיךְ כְּמוֹקָד נְחָרוּ:

3. (102:4 in Heb.) **ki-kalu b'**ashan **yamay w'ats'mothay k'mo-qed nicharu.**

Ps102:3 For my days have been consumed in smoke,
and my bones have been scorched like a hearth.

<4> ὅτι ἐξέλιπον ὡσεὶ καπνὸς αἱ ἡμέραι μου,
καὶ τὰ ὄστα μου ὡσεὶ φρύγιον συνεφρύγησαν.

4 hoti exelipon hōsei kapnos hai hēmerai mou,
For dissipated as smoke my days,
kai ta osta mou hōsei phrygion synephrygēsan.
and my bones as dried sticks are parched.

5 עַד־עֲזָבָה יְמִינֵךְ כַּלְבִּים אֶת־יְמִינְךָ כַּלְבִּים
ה חִזְקָה־כְּעֵשֶׂב וַיַּבַשׁ לִבִּי כִּירְכָּלְבִּים לְחָמֵר:

4. (102:5 in Heb.) **hukah-ka`eseb wayibash libi ki-shakach'ti me'akol lach'mi.**

Ps102:4 My heart has been smitten like grass and has withered away,
so that I forget to eat my bread.

<5> ἐπλήγη ὡσεὶ χόρτος καὶ ἐξηράνθη ἡ καρδία μου,
ὅτι ἐπελαθόμην τοῦ φαγεῖν τὸν ἄρτον μου.

5 eplēgē hōsei chortos kai exēranthē hē kardia mou,
is struck down as grass and is dried up My heart,
hoti epelathomēn tou phagein ton arton mou.
so that I forgot to eat my bread.

6 עַד־עֲזָבָה יְמִינֵךְ כַּלְבִּים אֶת־יְמִינְךָ כַּלְבִּים
וּמִקּוֹל אֲנַחְתִּי דְבָקָה עַצְמִי לְבָשָׁרִי:

5. (102:6 in Heb.) **miqol 'an'chathi dab'qah `ats'mi lib'sari.**

Ps102:5 Because of the loudness of my groaning my bones cling to my flesh.

<6> ἀπὸ φωνῆς τοῦ στεναγμοῦ μου ἐκολλήθη τὸ ὄστον μου τῇ σαρκὶ μου.

6 apo phōnēs tou stenagmou mou ekollēthē to ostoun mou tē sarki mou.
From the sound of my moaning cleaves my bone to my flesh.

7 עַד־עֲזָבָה קְבֻעָה עַצְמָה כַּלְבִּים כְּמִיתִי לְקָאת מִדְבָּר הַיִתִּי כְּכֹס חֲרָבוֹת:

6. (102:7 in Heb.) **damithi liq'ath mid'bar hayithi k'kos charaboth.**

Ps102:6 I am like a pelican of the wilderness;
I have become like an owl of the deserted places.

<7> ὡμοιώθην πελεκᾶνι ἐρημικῷ, ἔγενήθην ὡσεὶ νυκτικόραξ ἐν οἰκοπέδῳ,

7 hōmoiōthēn pelekani erēmikō, egenēthēn hōsei nyktikorax en oikopedō,
I became like pelican a solitary; I became as the long-eared owl in its area.

8 עַד־עֲזָבָה קְבֻעָה עַצְמָה כַּלְבִּים כְּמִיתִּי לְקָאת מִדְבָּר הַיִתִּי כְּכֹס חֲרָבוֹת

חַשְׁקָדָתִי וְאֶהָיה כִּצְפֹּר בָּזְדֵד עַל-גֶּגֶן:

7. (102:8 in Heb.) shaqad'ti wa'eh'yeh k'tsiper boded `al-gag.

Ps102:7 I lie awake, I have become like a lonely bird on a housetop.

<8> ἥγρυπνησα καὶ ἐγενήθην ὡσεὶ στρουθίον μονάζον ἐπὶ δώματι.

8 ἔγρυψα καὶ εγένεθην ὅσει στρουθίον μονάζον ἐπὶ δῶματι.

I was sleepless and I became as a sparrow living alone upon a roof.

טַלְלָה יּוֹם חַרְפּוּנִי אֲוֹרְבִּי מְהוֹלָלִי בַּיְנַשְׁבָּעוֹ:

9. (102:9 in Heb.) kal-hayom cher'phuni 'oy'bay m'holalay bi nish'ba`u.

Ps102:8 My enemies have reproached me all the day;
those who are mad against me have sworn against me.

<9> ὅλην τὴν ἡμέραν ὧνείδιζόν με οἱ ἔχθροι μου,
καὶ οἱ ἐπαινοῦντες με κατ’ ἐμοῦ ὥμνυον.

9 holēn tēn hēmeran ōneidizon me hoī echthroi mou,
All the day berated me my enemies,
kai hoī epainountes me kat’ emou ōmnūon.
and the ones praising me against me swore an oath.

יְכִידָאָפֵר בְּלָחֵם אֲכַלְתִּי וְשִׁקְוִי בְּבָכִי מְסֻכְתִּי:

10. (102:10 in Heb.) ki-'epher kalechem 'akal'ti w'shiquway bib'ki masak'ti.

Ps102:9 For I have eaten ashes like bread and mingled my drink with weeping

<10> ὅτι σποδὸν ὧσεὶ ἄρτον ἔφαγον καὶ τὸ πόμα μου μετὰ κλαυθμοῦ ἐκίρνων

10 hoti spodon hōsei arton ephagon kai to poma mou meta klauthmou ekirnōn
For ashes as bread I ate, and my drink with weeping is being diluted;

רְאֵמְפִינְרִידְזַעְמָךְ וְקָצְפָּךְ קַיְנְשָׁאָתְנִי וְתְשִׁלְיָכְנִי:

11. (102:11 in Heb.) mip'ney-za`am'ak w'qits'pek ki n'sa'thani watash'likeni.

Ps102:10 Because of Your indignation and Your wrath,
for You have lifted me up and cast me away.

<11> ἀπὸ προσώπου τῆς ὄργῆς σου καὶ τοῦ θυμοῦ σου, ὅτι ἐπάρας κατέρραξάς με.

11 apo prosōpou tēs orgēs sou kai tou thymou sou,
because of the face of your anger, and your rage;
hoti eparas katerraxas me.
for having lifted me up you broke me down.

רְבִרְמִי כְּצַל נְטוּיִ וְאֶנְיִ כְּעַשְׁבָ אִירְבָּשָׁ:

12. (102:12 in Heb.) yamay k'tsel natuy wa'ani ka'eseb 'ibash.

Ps102:11 My days are like a lengthened shadow, and I wither away like grass.

<12> αἱ ἡμέραι μου ὥσει σκιὰ ἐκλίθησαν, καὶ ἐγὼ ὥσει χόρτος ἔξηράνθην.

12 hai hēmerai mou hōsei skia eklithēsan, kai egō hōsei chortos exēranthēn.

My days as a shadow declined, and I as grass am dried up.

יְהוָה יְהוָה לְעוֹלָם תָשֶׁב וְזַכָּרָה לְדֶר וְדֶר:

12. (102:13 in Heb.) w'atah Yahūwah l'olam tesheb w'zik'r'ak l'dor wador.

Ps102:12 But You, O קָדוֹשׁ, abide forever,
and Your remembrance to generation and generation.

<13> σὺ δέ, κύριε, εἰς τὸν αἰώνα μένεις,
καὶ τὸ μνημόσυνόν σου εἰς γενεὰν καὶ γενεάν.

13 sy de, kyrie, eis ton aiōna meneis,
But you, O YHWH, into the eon abide,
kai to mnēmosynon sou eis genean kai genean.
and your memorial unto generation and generation.

רַד אֱתָה תְּקִים תַּרְחָם צִיּוֹן כִּירְעַת לְחִנָּה כִּירְבָּא מָעוֹד:

13. (102:14 in Heb.) 'atah thaqum t'rachem Tsion ki-'eth l'chen'nah ki-ba' mo'ed.

Ps102:13 You shall arise and have compassion on Tsion;
for it is time to be gracious to her, for the appointed time has come.

<14> σὺ ἀναστὰς οἰκτιρήσεις τὴν Σιων,
ὅτι καιρὸς τοῦ οἰκτιρῆσαι αὐτήν, ὅτι ἥκει καιρός.

14 sy anastas oiktirēseis tēn Siōn, hoti kairos tou oiktirēsai autēn, hoti hēkei kairos;
In your rising up you shall pity Zion, for it is time to pity it, for comes the time.

טו כִּירְצֹו עֲבָדֵיךְ אֶת־אָבְגִּיה וְאֶת־עֲפָרָה יְחִינָנָה:

14. (102:15 in Heb.) ki-ratsu `abadeyak 'eth-'abaneyah w'eth-`apharah y'chonenu.

Ps102:14 For Your servants take pleasure in her stones and feel pity for her dust.

<15> ὅτι εὐδόκησαν οἱ δοῦλοι σου τὸν λίθον αὐτῆς
καὶ τὸν χοῦν αὐτῆς οἰκτιρήσουσιν.

15 hoti eudokēsan hoi douloι sou tous lithous autēs kai ton choun autēs oiktirēsousin.
For thought well of your servants her stones, and her dust shall pity.

טֹז וַיַּרְאָו גּוּיִם אֶת־שֵׁם יְהוָה וְכָל־מָלְכִי הָאָרֶץ אֶת־כְּבוֹדָךְ:

15. (102:16 in Heb.) w'yir'u goyim 'eth-shem Yahūwah
w'kal-mal'key ha'arets 'eth-k'bodeak.

Ps102:15 So the nations shall fear the name of קָדוֹשׁ
and all the kings of the earth Your glory.

<16> καὶ φοβηθήσονται τὰ ἔθνη τὸ ὄνομα κυρίου

καὶ πάντες οἱ βασιλεῖς τῆς γῆς τὴν δόξαν σου,

16 kai phobēthēsontai ta ethnē to onoma kyriou
And shall fear the nations the name of YHWH,
kai pantes hoi basileis tēs gēs tēn doxan sou,
and all the kings of the earth your glory.

17 עַל־תִּבְנֵה קָרְבָּן יְהוָה כְּבוֹדךְ:

יז בְּנֵה קָרְבָּן יְהוָה צִיּוֹן נֶגֶד בְּכָבוֹדךְ:

16. (102:17 in Heb.) ki-banah Yahúwah Tsion nir'ah bik'bodo.

Ps102:16 For קָרְבָּן has built up Tsion; He has appeared in His glory.

<17> ὅτι οἰκοδομήσει κύριος τὴν Σιων καὶ ὀφθήσεται ἐν τῇ δόξῃ αὐτοῦ.

17 hoti oikodomēsei kyrios tēn Siōn kai ophthēsetai en tē doxē autou.

For YHWH shall build up Zion, and he shall appear in his glory.

18 לֹא תִּפְלַת הָעֲרָצָה וְלֹא־בָּזָה אֶת־תִּפְלַתְךָ:

יח פְּנֵה אֶל־תִּפְלַת הָעֲרָצָה וְלֹא־בָּזָה אֶת־תִּפְלַתְךָ:

17. (102:18 in Heb.) panah 'el-t'philath ha`ar`ar w'lo'-bazah 'eth-t'philatham.

Ps102:17 He shall turn to the prayer of the destitute and has not despised their prayer.

<18> ἐπέβλεψεν ἐπὶ τὴν προσευχὴν τῶν ταπεινῶν
καὶ οὐκ ἔξουδένωσεν τὴν δέησιν αὐτῶν.

18 epeblepsen epi tēn proseuchēn tōn tapeinōn
He looked upon the prayer of the humble,

kai ouk exoudenōsen tēn deēsin autōn.

and did not treat with contempt their supplication.

19 עַל־לְבָנָן כִּי־אָמַר יְהוָה כְּלֹל־רִיחָן:

יט תְּקַתֵּב זֹאת לְדוֹר אַחֲרֹן וְעַם נִבְרָא יְהִלְלֵרִיא:

18. (102:19 in Heb.) tikatheb zo'th l'dor 'acharon w`am nib'ra' y'halel-Yah.

Ps102:18 This shall be written for the generation to come,
that a people to be created may praise Yah.

<19> γραφήτω αὕτη εἰς γενεὰν ἑτέραν, καὶ λαὸς ὁ κτιζόμενος αἰνέσει τὸν κύριον,

19 graphētō hautē eis genean heteran,
Let this be written for generation another!

kai laos ho ktizomenos ainesei ton kyrion,
and the people being created shall praise YHWH.

20 עַל־תִּשְׁקַר מִמְרוֹם קָדְשֶׁךְ יְהוָה כְּלֹל־אָרֶץ חַבִּיט:

כְּבִיר הַשְׁקִיר מִמְרוֹם קָדְשֶׁךְ יְהוָה מִשְׁמָיִם אֶל־אָרֶץ חַבִּיט:

19. (102:20 in Heb.) ki-hish'qiph mim'rom qad'sho Yahúwah mishamayim 'el-'erets
hibit.

Ps102:19 For He looked down from the height of His holy tabernacle;
from the heavens קָדְשֶׁךְ gazed upon the earth,

<20> ὅτι ἐξέκυψεν ἐξ ὑψους ἀγίου αὐτοῦ, κύριος ἐξ οὐρανοῦ ἐπὶ τὴν γῆν ἐπέβλεψεν

20 hoti exekuuuen ex huuous hagiou autou,

For he looked out from the height of his holy place.

kyrios ex ouranou epi tēn gēn epeblepsen

YHWH from the heavens upon the earth looked,

כִּי לְשָׁמָע אָנֹקֶת אָסִיר לְפָתַח בְּנֵי תָּמוֹתָה: 21

20. (102:21 in Heb.) lish'mo `a 'en'qath 'asir l'phateach b'ney th'muthah.

Ps102:20 To hear the groaning of the prisoner, to set free the sons of death,

<21> τοῦ ἀκούσαι τὸν στεναγμὸν τῶν πεπεδημένων,

τοῦ λῦσαι τοὺς υἱοὺς τῶν τεθανατωμένων,

21 tou akousai ton stenagmon tōn pepedēmenōn,

to hear the moaning of the ones being shackled,

tou lysai tous huious tōn tethanatōmenōn,

to untie the sons of the ones being killed,

כִּי לְסִפְר בְּצִיּוֹן שֵׁם יְהוָה וְתָהֳלָתוֹ בֵּירַיְשָׁלָם: 22

21. (102:22 in Heb.) l'saper b'Tsion shem Yahúwah u'thilatho biY'rushalam.

Ps102:21 To delcare the name of צִיּוֹן in Tsion and His praise in Yerushalam,

<22> τοῦ ἀναγγεῖλαι ἐν Σιων τὸ ὄνομα κυρίου καὶ τὴν αἰνεσιν αὐτοῦ ἐν Ιερουσαλημ

22 tou anaggeilai en Siōn to onoma kyriou kai tēn ainesin autou en Ierousalēm

to announce in Zion the name of YHWH, and his praise in Jerusalem,

כִּי בְּהַקְבִּץ עָמִים יְחִידָה וּמִמְּלֻכּוֹת לְעֵבֶד אֶת-רִיחָנוֹת: 23

22. (102:23 in Heb.) b'hiqabets `amim yach'daw umam'lakoth la`abod 'eth-Yahúwah.

Ps102:22 When the peoples are gathered together, and the kingdoms, to serve צִיּוֹן.

<23> ἐν τῷ συναχθῆναι λαοὺς ἐπὶ τὸ αὐτὸ καὶ βασιλείας τοῦ δουλεύειν τῷ κυρίῳ.

23 en tō synachthēnai laous epi to auto kai basileias tou douleuein tō kyriō.

in the assembling of peoples together, and kings to serve to YHWH.

כִּד עֲנָה בְּדָרֶךְ כְּחוֹ קָצֵר יְמִינָה: 24

23. (102:24 in Heb.) `inah baderek kocho qitsar yamay.

Ps102:23 He has weakened my strength in the way; He has shortened my days.

<24> ἀπεκρίθη αὐτῷ ἐν ὁδῷ ἵσχυσις αὐτοῦ

Τὴν ὀλιγότητα τῶν ἡμερῶν μου ἀνάγγειλόν μοι.

24 apekrithē autō en hodō ischuos autou

It shall be answered by him in the way of his strength;

Tēn oligotēta tōn hēmerōn mou anaggeilon moi;

the fewness of my days he announced to me.

כְּה אָמַר אֱלֹהִים אֶל־הַצְלָנִי בְּחֵצֵי יְמֵי בָּדָר הַזָּרִים שְׁנוֹתִיךְ²⁵

24. (102:25 in Heb.) 'omar 'Eli 'al-ta`aleni bachatsi yamay b'dor dorim sh'notheyak.

Ps102:24 I say, O my El, do not take me away in the midst of my days,
Your years are in generation of generations.

<25> μὴ ἀναγάγης με ἐν ἡμίσει ἡμερῶν μου, ἐν γενεᾷ γενεῶν τὰ ἔτη σου.

25 mē anagagēs me en hēmisei hēmerōn mou,
You should not lead me away in half of my days;
en geneā geneōn ta etē sou.
in generation of generations your years.

כְּוֹלְפָנִים הָאָרֶץ יִסְדַּק וּמְשֻׁשָּׂה יִדְקַךְ שְׁמָמִים²⁶

25. (102:26 in Heb.) l'phanim ha'arets yasad'at uma`aseh yadeyak shamayim.

Ps102:25 Of old You founded the earth, and the heavens are the work of Your hands.

<26> κατ' ἀρχὰς σύ, κύριε, τὴν γῆν ἐθεμελίωσας,
καὶ ἔργα τῶν χειρῶν σού εἰσιν οἱ οὐρανοί.

26 kat' archas sy, kyrie, tēn gēn ethemeliōsas,
At the beginning, you, O YHWH, for the earth laid a foundation;
kai erga tōn cheirōn sou eisin hoi ouranoi;
and the works of your hands are the heavens.

כֵּז חֲמָה יִאֲבְדוּ וְאַתָּה תָּעַמֵּד
וְכָלִם כְּבָגֵד יִבְלֹא כָּלְבוֹשׁ תְּחַלֵּיפָם וַיְחַלֵּפָה:²⁷

26. (102:27 in Heb.) hemah yo'bedu w'atah tha`amod
w'kulam kabeged yib'lū kal'bush tachaliphem w'yachalophu.

Ps102:26 They shall perish, but You endure; and all of them shall wear out like a garment;
like clothing You shall change them and they shall be changed.

<27> αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμενεῖς, καὶ πάντες ὡς ἴμάτιον παλαιωθήσονται,
καὶ ὥστε περιβόλαιον ἀλλάξεις αὐτούς, καὶ ἀλλαγήσονται.

27 autoi apolountai, sy de diameneis, kai pantes hōs himation palaiōthēsontai,
They shall perish, but you shall abide. And all as a garment shall become old;
kai hōsei peribolaion allaxeis autous, kai allagēsontai;
and as a wrap-around garment you shall coil them, and they shall be changed.

כְּה וְאַתָּה־הָיוּ וּשְׁנָוֹתִיךְ לֹא יִתְּמַמֵּן:²⁸

27. (102:28 in Heb.) w'atah-hu' ush'notheyak lo' yitamu.

Ps102:27 But You are the same, and Your years shall not come to an end.

<28> σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλεύψουσιν.

28 sy de ho autos ei, kai ta etē sou ouk ekleipsousin.

But you the same are, and your years shall not cease.

כְּתָבְנִי־עֲבָדֵיךְ יִשְׁכֹּנוּ וַזְרֻעָם לְפָנֶיךְ יִכּוֹן:²⁹

28. (102:29 in Heb.) b'ney-`abadeyak yish'konu w'zar`am l'phaneyak yikon.

Ps102:28 The sons of Your servants shall continue,
and their descendants shall be established before You.

<29> οἱ νίοὶ τῶν δούλων σου κατασκηνώσουσιν,
καὶ τὸ σπέρμα αὐτῶν εἰς τὸν αἰῶνα κατευθυνθήσεται.

29 hoi huioi tōn doulōn sou kataskēnōsousin,
The sons of your servants shall encamp,
kai to sperma autōn eis ton aiōna kateuthynthēsetai.
and their seed into the eon shall conduct matters.