

Sepher Tehillim (Psalms)

Chapter 131

אָשִׁיר הַמְּעֻלָּות לְדֹוד יְהוָה לְאֶגְבָּה לְבִי
וְלֹא־רָמו עֵינִי וְלֹא־הַלְכָתִי בְּגַדְלֹות וּבְגַדְלָאֹת מִמְּנִי:

1. *shir hama`aloth l'Dawid Yahúwah lo'-gabah libi w'lo'-ramu `eynay w'lo'-hilak'ti big'doloth ub'niph'la'oth mimeni.*

Childlike Trust in יהוה.

A Song of Ascents, of Dawid.

Ps131:1 O יהוה, my heart is not proud, nor my eyes haughty;
nor do I involve myself in great matters, nor in things too difficult for me.

<130:1> Οιδὴ τῶν ἀναβαθμῶν.

Κύριε, οὐχ ὑψώθη μου ἡ καρδία, οὐδὲ ἐμετεωρίσθησαν οἱ ὄφθαλμοί μου,
οὐδὲ ἐπορεύθην ἐν μεγάλοις οὐδὲ ἐν θαυμασίοις ὑπέρ ἐμέ.

1 *Oidē tōn anabathmōn.*

An ode of the steps.

Kyrie, ouch huyōthē mou hē kardia, oude emeteōristhēsan hoi ophthalmoi mou,
O YHWH, was not exalted my heart, nor were raised up high my eyes,
oude eporeuthēn en megalois oude en thaumasiois hyper eme.
nor was I gone among the great ones, nor in wonders above me.

בְּאָמָלָא שִׁיעִיתִי וְדָמָמָתִי נְפָשִׁי כְּגַמְלָעֵלִי אָמוֹ
כְּגַמְלָעֵלִי נְפָשִׁי:

2. *'im-lo' shiuithi w'domam'ti naph'shi k'gamul `aley 'imo kagamul `alay naph'shi.*

Ps131:2 If not, I have composed and quieted my soul;
like a weaned child rests against his mother, my soul is like a weaned child within me.

<2> εἰ μὴ ἐταπεινοφρόνουν, ἀλλὰ ὑψώσα τὴν ψυχήν μου ὡς τὸ ἀπογεγαλακτισμένον
ἐπὶ τὴν μητέρα αὐτοῦ, ὡς ἀνταπόδοσις ἐπὶ τὴν ψυχήν μου.

2 *ei mē etapeinophronoun, alla huyōsa tēn psychēn mou*
Unless I was humble-minded, but I exalted my soul.

hōs to apogegalaktismenon epi tēn mētera autou, hōs antapodosis epi tēn psychēn mou.
As the ones weaned upon his mother, so shall you recompense unto my soul.

גִּיחַל יִשְׂרָאֵל אֶל־יְהוָה מִעְתָּה וְעַד־עוֹלָם:

3. *yachel Yis'ra'El 'el-Yahúwah me`atah w'ad-`olam.*

Ps131:3 O Yisra'El, hope in יהוה from this time forth and forever.

«3» ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν κύριον ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰώνος.

3 elpisatō Israēl epi ton kyrion apo tou nyn kai heōs tou aiōnos.

Let hope Israel upon YHWH, from the present and unto the eon!