

Sepher Tehillim (Psalms)

Chapter 32

בָּרוּךְ הוּא יְהוָה אֲשֶׁר־נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
אַלְדוֹד מַשְׁכִּיל אֲשֶׁר־בְּשִׁיר־פְּשָׁע בְּסֻוי חַטָּאת:

1. **Dawid mas'kil 'ash'rey n'suy-pesha` k'suy chata'ah.**

Blessedness of Forgiveness and of Trust in Elohim.

A Psalm of Dawid. A contemplation.

Ps32:1 Blessed is he whose transgression is forgiven, whose sin is covered!

בָּרוּךְ הוּא יְהוָה אֲשֶׁר־נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
מַקָּרְיוֹן אֲשֶׁר־אָפְּתָה תְּחִזְקָה נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
1 Tō David; syneseōs.

A psalm to David; for understanding

Makarioi hōn aphethēsan hai anomiai kai hōn epekalyphthēsan hai hamartiai;

Blessed be whose were forgiven lawless deeds, and whose were covered over sins.

בָּרוּךְ הוּא יְהוָה אֲשֶׁר־נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
בְּאֲשֶׁר־אָדָם לֹא יַחֲשֵׁב יְהוָה לֹא עָוֹן וְאֵין בְּרוּחוֹ רְמִיהָ:

2. **'ash'rey 'adam lo' yach'shab Yahūwah lo `awon w'eyn b'ruchō r'miah.**

Ps32:2 Blessed is the man to whom does not impute iniquity,
and in whose spirit there is no deceit!

בָּרוּךְ הוּא יְהוָה אֲשֶׁר־נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
וְאֵין בְּרוּחוֹ רְמִיהָ:
2 makarios anēr, hou ou mē logisētai kyrios hamartian,
oude estin en tō stomati autou dolos.
nor is in his mouth treachery.

גְּבִידָה חִרְשָׁתִי בְּלֹא עַצְמִי בְּשָׁאָגָתִי כָּל־הַיּוֹם:
3. **ki-hecherash'ti balu `atsamay b'sha'agathi kal-hayom.**

Ps32:3 When I kept silent, my bones wasted away through my groaning all the day.

בָּרוּךְ הוּא יְהוָה אֲשֶׁר־נִשְׁלַחַת כְּבָשָׂר וְעֵדָה
בְּאֵין בְּרוּחוֹ רְמִיהָ:
3 hoti esigēsa, epalaiōthē ta osta mou apo tou krazein me holēn tēn hēmeran;

For I kept quiet; were grown old my bones from my crying out the entire day.

דְּבִי יוֹמָם וְלִילָּה תְּכַבֵּד עַלְיִי יְהָקֵד נְחַפֵּךְ לְשָׁדֵי
בְּחַרְבָּנִי קִיז סְלָה:
4. **ki yomam walay'lah tik'bad `alay yadeak neh'pak l'shadi**

b'char'boney qayits Selah.

Ps32:4 For day and night Your hand was heavy upon me;
my moisture was turned into the drought of summer. Selah.

«4> ὅτι ἡμέρας καὶ νυκτὸς ἐβαρύνθη ἐπ’ ἐμὲ ἡ χείρ σου,
ἐστράφην εἰς ταλαιπωρίαν ἐν τῷ ἐμπαγῆναι ἄκανθαν. διάψαλμα.

4 hoti hēmeras kai nyktos ebarynthē ep' eme hē cheir sou,
For day and night presses upon me your hand.
estraphēn eis talaipōrian en tō empagēnai akanthan. diapsalma.
I was turned to misery by the sticking me thorn. PAUSE.

בְּשָׁעַת כִּי-בְּשָׁעַת קֵצֶת עֲזֹזָה עַזְלָאַת כִּי-בְּשָׁעַת
בְּשָׁעַת כִּי-בְּשָׁעַת עֲזֹזָה עַזְלָאַת כִּי-בְּשָׁעַת
הַחֲטֹאתִי אָזַדְיָה וְעַוְנִי לְאַכְפִּיתִי אַמְרָתִי אָזַדְהָ
עַלְיִ פְּשָׁעִי לִיהְיָה וְאַתָּה נְשַׁאַת עָזָן הַחֲטֹאתִי סָלָה:

5. chata'thi 'odi`ak wa`awoni lo'-kisithi 'amar'ti 'odeh `aley ph'sha`ay laYahúwah
w'atah nasa'ath `awon chata'thi Selah.

Ps32:5 I acknowledged my sin to You, and my iniquity I did not hide; I said,
I shall confess my transgressions to בְּשָׁעַת; and You forgave the guilt of my sin. Selah.

«5> τὴν ἀμαρτίαν μου ἐγνώρισα καὶ τὴν ἀνομίαν μου οὐκ ἐκάλυψα·
εἴπα Ἐξαγορεύσω κατ’ ἐμοῦ τὴν ἀνομίαν μου τῷ κυρίῳ·
καὶ σὺ ἀφῆκας τὴν ἀσέβειαν τῆς ἀμαρτίας μου. διάψαλμα.

5 tēn hamartian mou egnōrisa kai tēn anomian mou ouk ekaluua;
My lawlessness I made known, and my sin I did not cover.
eipa Exagoreusō kat' emou tēn anomian mou tō kyriō;
I said, I shall declare openly against myself my lawlessness to YHWH;
kai sy aphēkas tēn asebeian tēs hamartias mou. diapsalma.
And you forgave the impiety of my heart. PAUSE.

בְּשָׁעַת יְתַפֵּל כָּל-חָסִיד אֶלְיךָ לְעֵת מִצְאָ
בְּקָ לְשֹׁטֶף מִים רְבִים אֶלְיוֹ לֹא בָּגִיעֵוּ:

6. `al-zo'th yith'palel kal-chasid 'elejak l'eth m'tso'
raq l'sheteph mayim rabbim 'elayu lo' yagi`u.

Ps32:6 For this reason, let everyone who is holy pray to You in a time
when You may be found; surely in a flood of great waters they shall not reach him.

«6> ὑπὲρ ταύτης προσεύξεται πᾶς ὄστιος πρὸς σὲ ἐν καιρῷ εὐθέτῳ·
πλὴν ἐν κατακλυσμῷ ὑδάτων πολλῶν πρὸς αὐτὸν οὐκ ἐγγιοῦσιν.

6 hyper tautēs proseuxetai pas hosios pros se en kairō euthetō;
For this shall pray to you every sacred one in time a fit;
plēn en kataklysmō hydatōn pollōn pros auton ouk eggiousin.
only in a flood of waters many to him shall not approach.

7 אַתָּה סְתִّר לִי מִצֶּר הָצֵרנִי רָנֵי פָּלֶט תְּסֻבְּבָנִי סֶלָה:

7. 'atah sether li mitsar tits'reni raney phalet t'sob'beni Selah.

Ps32:7 You are my hiding place; You preserve me from trouble;
You surround me with songs of deliverance. Selah.

8 σύ μου εἰ καταφυγὴ ἀπὸ θλίψεως τῆς περιεχούσης με·
τὸ ἀγαλλίαμά μου, λύτρωσαί με ἀπὸ τῶν κυκλωσάντων με. διάψαλμα.

7 sy mou ei kataphygē apo thlipseōs tēs periechousēs me;
You are my refuge from affliction encompassing me;
to agalliamou, lytrōsai me apo tōn kyklōsantōn me. diapsalma.
my leap for joy to ransom me from the ones encircling me. PAUSE.

8 אַשְׁפִּיכֵלְךָ וְאֹרְךָ בְּדֶרֶךְ-זֹו תַּלְךָ אִיעָצָה עַלְיךָ עִנְּרִי:

8. 'as'kil'ak w'or'ak b'derek-zu thelek 'atsah `aleyak `eyni.

Ps32:8 I shall instruct you and teach you in the way which you should go;
I shall counsel you with My eye upon you.

9 συνετιώ σε καὶ συμβιθῶ σε ἐν ὁδῷ ταύτῃ, ἢ πορεύσῃ,
ἐπιστηριώ ἐπὶ σὲ τοὺς ὄφθαλμούς μου.

8 synetiō se kai symbibō se en hodō tautē,
I shall bring understanding to you, and I shall instruct you in this way
hē poreusē, epistēriō epi se tous ophthalmous mou.
which you shall go. I shall stay upon you my eyes.

9 אַל-תַּהֲיוּ כְּסֻוּם כְּפִרְד אֵין חֲבִין
בְּמַתְגָּזְרָן עָדִיו לְבָלוּם בְּלִ קְרָב אַלְיכָ:

9. 'al-tih'yu k'sus k'phered 'eyn habin
b'metheg-waresen `ed'yo lib'lom bal q'rob 'elejak.

Ps32:9 Do not be as the horse or as the mule which have no understanding;
with bit and muzzle, his trappings to be held in, lest they shall come near to you.

9 μὴ γίνεσθε ὡς ἵππος καὶ ἥμιονος, οἵς οὐκ ἔστιν σύνεσις,
ἐν χαλινῷ καὶ κημῷ τὰς σιαγόνας αὐτῶν ἄγξαι
τῶν μὴ ἐγγιζόντων πρὸς σέ.

9 mē ginesthe hōs hippos kai hēmionos, hois ouk estin synesis,
Do not become as a horse and mule in which there is no understanding;
en chalinō kai kēmō tas siagonas autōn agxai tōn mē eggizontōn pros se.
but with muzzle and bridle their jaws may you squeeze of the ones not
approaching to you.

10 אַל-תַּגְּזָרָן אַתָּה קְיֻמָּת אֶתְתְּקָנָת оуq/ עַל-תַּגְּזָרָן אַלְכְּבָדָל:

רְבִים מְאֹבִים לַרְשָׁע וְהַבּוֹטֵח בִּיהִוָּה חֶסֶד יִסּוּבְבָנָיו:

10. rabbim mak'obim larasha` w'haboteach baYahúwah chesed y'sob'benu.

Ps32:10 Many are the sorrows of the wicked,
but he who trusts in יְהִוָּה, lovingkindness shall surround him.

<10> πολλαὶ αἱ μάστιγες τοῦ ἀμαρτωλοῦ,
τὸν δὲ ἐλπίζοντα ἐπὶ κύριον ἔλεος κυκλώσει.

10 pollai hai mastiges tou hamartolou,
Many are the whips for the sinner;
ton de elpizonta epi kyrion eleos kyklōsei.
the one but hoping upon YHWH mercy shall encircle.

וְאֵלֶיךָ אֱלֹהִים שְׁמָחוּ בִּיהִוָּה וְגַלְלוּ צָדִיקִים וְהַרְנִינוּ כָּל־יִשְׂרָאֵל:¹¹

11. sim'chu baYahúwah w'gilu tsadiqim w'har'ninu kal-yish'rey-leb.

Ps32:11 Be glad in יְהִוָּה and rejoice, you righteous ones;
and shout for joy, all you who are upright in heart.

<11> εὐφράνθητε ἐπὶ κύριον καὶ ἀγαλλιάσθε, δίκαιοι,
καὶ καυχᾶσθε, πάντες οἱ εὐθεῖς τῇ καρδίᾳ.

11 euphranthēte epi kyrion kai agalliasthe, dikaioi,
Be glad upon YHWH, and exult, O just ones!
kai kauchasthe, pantes hoi eutheis tē kardiā.
and let boast all the ones straight in the heart!