

Sepher Romyim (Romans)

Chapter 7

זגכ אגזאא זואזל זג זחכ זאואז זלכ זכ Rom7:1
:זכזח זזז-לג זאזא-לז זלכא אגזאא זג זגזג

אאו הלא ידעתם אחי כי לידעי התורה אני
מדבר כי התורה תשלט על-האדם כל-ימי חייו:

1. 'o halo' y'da`tem 'echay ki l'yod'`ey haTorah 'ani m'daber
ki haTorah tish'lat `al-ha'adam kal-y'mey chayayu.

Rom7:1 Or do you not know, brethren, for I speak to those knowing the Law,
that the Law rules over a man all the days of his life?

<7:1> Ἡ ἀγνοεῖτε, ἀδελφοί, γνώσκουσιν γὰρ νόμον λαλῶ,
ὅτι ὁ νόμος κυριεύει τοῦ ἀνθρώπου ἐφ' ὅσον χρόνον ζῆ;

1 Ē agnoeite, adelphoi, ginōskousin gar nomon lalō,
Or are you ignorant, brothers, for to ones knowing the law I speak,
hoti ho nomos kyrieuei tou anthrōpou eph' hoson chronon zē?
that the law lords it over the person over such time as He lives?

זכזחג אלוזל אפזפז אגזאא זג זככ אככ זג 2
:אלוזל זזזא זככ אגזאז אלוזל אזזזז

בכי אשת איש מן התורה זקוקה לבעלה בחייו
ובמות בעלה פטורה היא מהין בעלה:

2. ki 'esheth 'ish min haTorah z'quqah l'ba`lah b'chayayu
ub'moth ba`lah p'turah hi' midin ba`lah.

Rom7:2 For the married woman has bound by the Law to her husband while he is living,
but if her husband dies, she is released from the law of her husband.

<2> ἡ γὰρ ὑπανδρος γυνή τῷ ζῶντι ἀνδρὶ δέεται νόμῳ·
ἐὰν δὲ ἀποθάνῃ ὁ ἀνὴρ, κατήργηται ἀπὸ τοῦ νόμου τοῦ ἀνδρός.

2 hē gar hypandros gynē tō zōnti andri dedetai nomō;
For the woman married to the living husband has been bound by law;
ean de apothanē ho anēr, katērgētai apo tou nomou tou andros.
but if dies the husband, she has been released from the law of the husband.

זגזכ זגכז אלוזל זכזחג זחכ זכזל אככא-זג זג-לזז 3
אגזאא-זג זככ אככא זכזחג אלוזל אזזזז
:זחכ זכזל אככאזג זגכז אגזאז

גועל-כן אם-תהיה לאיש אחר בחיני בעלה נאפת יקרא
לה ובמות בעלה חפשיית היא מן-התורה
ואיננה נאפת בהיותה לאיש אחר:

3. w'al-ken 'im-tih'yeh l'ish 'acher b'chayey ba'lah no'epheth yiqare' lah ub'moth ba'lah chaph'shith hi' min-haTorah w'eynenah no'epheth bih'yothah l'ish 'acher.

Rom7:3 Therefore, while her husband lives, if she becomes to another man's, she shall be called an adulteress, but if her husband dies, she is free from the Law, so that she is not an adulteress because she becomes to another man's.

<3> ἄρα οὖν ζῶντος τοῦ ἀνδρὸς μοιχαλὶς χρηματίσει ἐὰν γένηται ἀνδρὶ ἑτέρῳ· ἐὰν δὲ ἀποθάνῃ ὁ ἀνὴρ, ἐλευθέρα ἐστὶν ἀπὸ τοῦ νόμου, τοῦ μὴ εἶναι αὐτὴν μοιχαλίδα γενομένην ἀνδρὶ ἑτέρῳ.

3 ara oun zōntos tou andros moichalis chrēmatisei

So then while lives the husband an adulteress she shall be called ean genētai andri heterō; ean de apothanē ho anēr, eleuthera estin if she becomes joined to a different husband; but if dies the husband, free she is apo tou nomou, tou mē einai autēn moichalida genomenēn andri heterō. from the law, not is she an adulteress having been joined to a different husband.

אָרָא אוּנ זױנטױס טױ אַנדֶרױס מױכאַליס כֻּרְמַטִּיסַי עֵאָן גֵּנְהַיַתַי אַנְדֶּרִי עֵטֶרױ
עֵאָן דֵּע אַפּױתאַנֶה הױ אַנֶּער, עֵלֵעוּתֶרַע עֵסְטִין אַפּױ טױ נױמוּ, טױ מֵי אֵינַי אױטֶנ מױכאַלידאַ גֵּנוּמֶנֶנֶן אַנְדֶּרִי עֵטֶרױ
פֿרױם דֵּע לױט, נױט איז זי אַן אַדולטֶרֶס האָבֶנְד גֵּוױנֶד טױ אַ דִּפֶּרֶנט הַטְּוּרֶנְד.

דוֹכֵן אַחֵי גַם-אַתֶּם הֵייתֶם כִּמְתִים לַתּוֹרָה
בְּגוּיַת הַמְּשִׁיחַ לְהִיּוֹת לְאַחֵר לְאַשֶׁר נִעוֹר
מִן-הַמְּתִים לְמַעַן נַעֲשֶׂה-פְּרִי לְאֱלֹהִים:

4. w'ken 'achay gam-'atem heyithem kamethim laTorah big'wiath haMashiyach lih'yoth l'acher la'asher ne`or min-hamethim l'ma'an na`aseh-p'ri l'Elohim.

Rom7:4 Therefore, my brethren, you also were to die to the Law through the body of the Mashiyach, to become to another one, to Him who was raised from the dead, so that we should bear fruit to Elohim.

<4> ὥστε, ἀδελφοί μου, καὶ ὑμεῖς ἐθανατώθητε τῷ νόμῳ διὰ τοῦ σώματος τοῦ Χριστοῦ, εἰς τὸ γενέσθαι ὑμᾶς ἑτέρῳ, τῷ ἐκ νεκρῶν ἐγερθέντι, ἵνα καρποφορήσωμεν τῷ θεῷ.

4 hōste, adelphoi mou, kai hymeis ethanatōthēte tō nomō

So that, my brothers, also you were put to death to the law dia tou sōmatos tou Christou, eis to genesthai hymas heterō, through the body of the Messiah, for to be joined you to a different one, tō ek nekron egerthenti, to the one from dead ones having been raised, hina karpophorēsōmen tō theō. that we may bear fruit to Elohim.

וְאִתְּכֶם גַּם-אַתֶּם הֵייתֶם כִּמְתִים לַתּוֹרָה
בְּגוּיַת הַמְּשִׁיחַ לְהִיּוֹת לְאַחֵר לְאַשֶׁר נִעוֹר
מִן-הַמְּתִים לְמַעַן נַעֲשֶׂה-פְּרִי לְאֱלֹהִים:

5. **ki b'eth heyothenu babasar t'shuqoth hachata'im 'asher hith'oraru**
'al-y'dey haTorah hayu pho'alotheb'ebareynu la'asoth p'ri lamaweth.

Rom7:5 For at the time we were in the flesh, the passions of sins, which were working through the Law, were working in our members to bear fruit to death.

<5> ὅτε γὰρ ἡμεν ἐν τῇ σαρκί, τὰ παθήματα τῶν ἁμαρτιῶν τὰ διὰ τοῦ νόμου ἐνηργεῖτο ἐν τοῖς μέλεσιν ἡμῶν, εἰς τὸ καρποφορῆσαι τῷ θανάτῳ·

5 hote gar ēmen en tē sarki, ta pathēmata tōn hamartiōn ta
For when we were in the flesh, the passions of sins

dia tou nomou enērgeito en tois melesin hēmōn, eis to karpophorēsai tō thanatō;
through the law were working in our members, so as to bear fruit to death;

אָבֹל אַתָּה פְּטוּרִים אֲנִיחָנוּ מִן־הַתּוֹרָה
כִּי מִתְּנוּ לְאִשֶּׁר הָיִינוּ זְקוּקִים לוֹ לְמַעַן נַעֲבֹד
מֵעַתָּה לְפִי הַדּוֹשׁ הַרוּחַ וְלֹא לְפִי־יִשָּׁן הַכְּתָב׃

6. **'abal 'atah p'turim 'anach'nu min-haTorah ki math'nu la'asher hayinu z'quqim lo**
l'ma'an na'abod me'atah l'phi chidush haRuach w'lo' l'phi-yshen hak'thab.

Rom7:6 But now we have been released from the Law, because we have died to what we were held by it, so that from now on we should serve according to newness of the Spirit and not according to oldness of the writing.

<6> νυνὶ δὲ κατηργήθημεν ἀπὸ τοῦ νόμου ἀποθανόντες ἐν ᾧ κατειχόμεθα, ὥστε δουλεύειν ἡμᾶς ἐν καινότητι πνεύματος καὶ οὐ παλαιότητι γράμματος.

6 nyni de katērgēthēmen apo tou nomou apothanontes
but now we were released from the law having died to that
en hō kateichometha, hōste douleuein hēmas en kainotēti pneumatos
in which we were being held, so as we serve in newness of Spirit
kai ou palaiotēti grammatos.
and not in oldness of letter.

אָבֹל אַתָּה פְּטוּרִים אֲנִיחָנוּ מִן־הַתּוֹרָה
כִּי מִתְּנוּ לְאִשֶּׁר הָיִינוּ זְקוּקִים לוֹ לְמַעַן נַעֲבֹד
מֵעַתָּה לְפִי הַדּוֹשׁ הַרוּחַ וְלֹא לְפִי־יִשָּׁן הַכְּתָב׃

7. **'im-ken hano'mar shehaTorah chet' hi' chalilah 'ela' lo' yada'ti**
'eth-hachet' bil'ti 'al-y'dey haTorah ki lo'-hayithi yode'a hachimud
luley 'am'rah haTorah lo' thach'mod.

Rom7:7 If so, it is said that the Law sinned, Let it not be! But I did not know sin

יִוָּאֲנִי מֵתִי וְנִמְצָא שֶׁהַמִּצְוָה אֲשֶׁר נִתְּנָה לַחַיִּים הִיְתָה לִּי לְמוֹת׃

10. wa'ani mati w'nim'tsa' shehamits'wah
'asher nit'nah lachayim hay'thah li lamaweth.

Rom7:10 and I died. And it was found that the commandment
that gave in life to me had to die.

<10> ἐγὼ δὲ ἀπέθανον καὶ εὐρέθη μοι ἡ ἐντολὴ ἢ εἰς ζωὴν, αὕτη εἰς θάνατον.
10 egō de apethanon kai heurethē moi hē entolē hē eis zōēn,
and I died, and it was discovered by me that the commandment for life
hautē eis thanaton;
this was for death.

יֵאָדָה כִּי-מָצָא הַחֹטֵא סִבָּה בַּמִּצְוָה לְהַתְּעוֹת אֹתִי וַיְמִיתֵנִי עַל-יְדָהּ׃

11. ki-matsa' hachet' sibah bamits'wah l'hath'`oth 'othi way'mitheni `al-yadah.

Rom7:11 for sin, finding reason through the commandment, deceived me,
and killed me through it.

<11> ἡ γὰρ ἁμαρτία ἀφορμὴν λαβοῦσα διὰ τῆς ἐντολῆς ἐξηπάτησέν με
καὶ δι' αὐτῆς ἀπέκτεινεν.

11 hē gar hamartia aphormēn labousa dia tēs entolēs exēpatēsen me
For sin opportunity taking through the commandment deceived me
kai di' autēs apekteinen.
and through it killed me.

יְבוֹבְכֵן הַתּוֹרָה הִיא קְדוֹשָׁה וְהַמִּצְוָה קְדוֹשָׁה וַיִּשְׂרָח וְטוֹבָה׃

12. ub'ken haTorah hi' q'doshah w'hamits'wah q'doshah wisharah w'tobah.

Rom7:12 So that the Law is holy, and the commandment is holy and honest and good.

<12> ὥστε ὁ μὲν νόμος ἅγιος καὶ ἡ ἐντολὴ ἁγία καὶ δίκαια καὶ ἀγαθή.
12 hōste ho men nomos haggios kai hē entolē hagia kai dikaia kai agathē.
So the law is holy and the commandment holy and just and good.

יִגְהִי הַטּוֹבָה הִיְתָה-לִּי לְמוֹת חָלִילָה אֵלָּא הַחֹטֵא כְּדִי
שִׁירָאָה הַחֹטֵא בְּהִבְיָאוֹ לִי הַמּוֹת מִן-הַטּוֹבָה כְּדִי שְׂיִהְיֶה
הַחֹטֵא לַחֹטְאָה יְתָרָה עַל-יְדֵי הַמִּצְוָה׃

13. haki hatobah hay'thah-li lamaweth chalilah 'ela' hachet'
k'dey sheyera'eh hachet' bahabi'o li hamaweth min-hatobah
k'dey sheyih'yeh hachet' lachata'ah y'therah `al-y'dey hamits'wah.

Rom7:13 Then, has that which is good become death to me? Let it not be! But the sin, so that sin might be manifest, was working death in me through what is good, so that sin through the commandment might become exceedingly sinful.

<13> Τὸ οὖν ἀγαθὸν ἐμοὶ ἐγένετο θάνατος; μὴ γένοιτο· ἀλλὰ ἡ ἁμαρτία, ἵνα φανῆ ἁμαρτία, διὰ τοῦ ἀγαθοῦ μοι κατεργαζομένη θάνατον, ἵνα γένηται καθ’ ὑπερβολὴν ἁμαρτωλὸς ἡ ἁμαρτία διὰ τῆς ἐντολῆς.

13 To oun agathon emoi egeneto thanatos? mē genoito; alla hē hamartia, Then the good to me became death? May it never be. But sin, hina phanē hamartia, dia tou agathou moi katergazomenē thanaton, that it may be shown as sin, through the good to me working death hina genētai kath’ hyperbolēn hamartōlos hē hamartia dia tēs entolēs. that might become exceedingly sinful sin through the commandment.

14
:4043-479 14

יד כי ידעים אנהנו שהתורה רוחנית ואני בשר ונמכר ביד החטא:

14. ki yod`im `anach`nu shehaTorah ruachnith wa`ani basar w`nim`kar b`yad-hachet`.

Rom7:14 For we know that the Law is spiritual, but I am of flesh, sold through the sin.

<14> οἶδαμεν γὰρ ὅτι ὁ νόμος πνευματικός ἐστίν, ἐγὼ δὲ σάρκινός εἰμι πεπραμένος ὑπὸ τὴν ἁμαρτίαν.

14 oidamen gar hoti ho nomos pneumatikos estin, For we know that the law spiritual is, egō de sarkinōs eimi pepramenos hypo tēn hamartian. but I am carnal having been sold under sin.

15
:4043-479 15

טו כי את-אשר אני פועל לא ידעתי כי אינני עשה את אשר-אני רצה בו כי אם-אשר שנאתי אתו אני עשה:

15. ki `eth-`asher `ani pho`el lo` yada`ti ki `eyneni `oseh `eth `asher-`ani rotseh bo ki `im-`asher sane`thi `otho `ani `oseh.

Rom7:15 For that what I work, I do not know. For I do not do what I desire in him, but what I hate it, that I do.

<15> ὃ γὰρ κατεργάζομαι οὐ γινώσκω· οὐ γὰρ ὃ θέλω τοῦτο πράσσω, ἀλλ’ ὃ μισῶ τοῦτο ποιῶ.

15 ho gar katergazomai ou ginōskō; For what work I do not know; ou gar ho thelō touto prassō, all’ ho misō touto poiō. for not what I want this I do. But what I hate this I do.

16
:4043-479 16

:כזא אגז⊗ אגזאא זג
 טזובעשותי את אשר לא־רציתי הנני מודה
 כי התורה טובה היא:

16. uba`asothi 'eth 'asher lo'-ratsithi hin'ni modeh ki haTorah tobah hi'.

Rom7:16 And when I do what I do not want, behold, I admit that the Law is good.

<16> εἰ δὲ ὃ οὐ θέλω τοῦτο ποιῶ, σύμφημι τῷ νόμῳ ὅτι καλός.

16 ei de ho ou thelō touto poiō, symphēmi tō nomō hoti kalos.

Now if what I do not want this I do, I agree with the law that it is good.

:כגאאג גגאא א⊗אא-גא זג זאא לוגא אג⊗ זגא-אג אא⊗ג 17
 יזועתה לא־אני עוד הפעל אתו כי אִם־החטא השכן בקרבי:
17. w'`atah lo'-`ani `od hapo`el 'otho ki 'im-hachet' hashoken b'qir'bi.

Rom7:17 Now, it is no longer I that work it, but the sin dwelling within me.

<17> νυνὶ δὲ οὐκέτι ἐγὼ κατεργάζομαι αὐτὸ ἀλλὰ ἡ οἰκοῦσα ἐν ἐμοὶ ἁμαρτία.

17 nyni de ouketi egō katergazomai auto alla hē oikousa en emoi hamartia.

But now no longer I work it but the dwelling in me sin.

גז⊗ גגאא אג זגאגג זג-גאא זא⊗אז זג 18
 :אגאא אגז גז⊗א אגא⊗ זגא אגג זג
 יחכי ידעתי אשר־בי בבשרי לא ישכן טוב
 כי רצה אני לעשות הטוב ולא אמצא:

**18. ki yada`ti 'asher-bi bib'sari lo' yish'kon tob
 ki rotseh 'ani la`asoth hatob w'lo' 'em'tsa'.**

Rom7:18 For I know that in me, that is in my flesh, dwells no good.
 Because I wanted to do what is good and I would not find.

<18> οἶδα γὰρ ὅτι οὐκ οἰκεῖ ἐν ἐμοί, τοῦτ' ἔστιν ἐν τῇ σαρκί μου, ἀγαθόν·
 τὸ γὰρ θέλειν παράκειται μοι, τὸ δὲ κατεργάζεσθαι τὸ καλὸν οὐ·

18 oida gar hoti ouk oikei en emoi, tout' estin en tē sarki mou, agathon;

For I know that not dwells in me, that is in my flesh, anything good;

to gar thelein parakeitai moi, to de katergazesthai to kalon ou;

for to will is present with me, but to work the good is not.

⊗אגא זג אגג זגא-גאא גז⊗א אא⊗ זגאזא זג 19
 :אא⊗ זגא זאזא אגג זגאזא גאא
 יטכי אינני עשה הטוב אשר־אני רצה כי אִם־הרע
 אשר אינני רצה אותו אני עשה:

**19. ki 'eyneni `oseh hatob 'asher-'ani rotseh ki 'im-hara`
 'asher 'eyneni rotseh 'otho 'ani `oseh.**

Rom7:19 For I do not do the good which I desire,
 but the evil that I do not want it, that I do.

<19> οὐ γὰρ ὃ θέλω ποιῶ ἀγαθόν, ἀλλὰ ὃ οὐ θέλω κακὸν τοῦτο πράσσω.

19 ou gar ho thelō poiō agathon,
For I do not do the I want to do good,
alla ho ou thelō kakon touto prassō.
but what I do not want to do this evil I practice.

לֹא-עוֹד אֲנִי הַפְּעִיל
כִּי אִם-אֶת-אֲשֶׁר לֹא-רָצִיתִי אֲנִי עוֹשֶׂה לֹא-עוֹד אֲנִי הַפְּעִיל
כִּי אִם-הַחֲטָא הַשֹּׂכֵן בְּקִרְבִּי:

20. w'im 'eth-'asher lo'-ratsithi 'ani `oseh lo'-`od 'ani hapo`el
ki 'im-hachet' hashoken b'qir'bi.

Rom7:20 And if I do that I do not want, it is no longer I who work,
but the sin dwelling within me.

<20> εἰ δὲ ὃ οὐ θέλω [ἐγὼ] τοῦτο ποιῶ,
οὐκέτι ἐγὼ κατεργάζομαι αὐτὸ ἀλλὰ ἡ οἰκοῦσα ἐν ἐμοὶ ἁμαρτία.

20 ei de ho ou thelō [egō] touto poiō,
But if what I do not want I this do,
ouketi egō katergazomai auto alla hē oikousa en emoi hamartia.
no longer I work it but the dwelling in me sin.

כֹּא וּבְכֵן מֵצֵא-אֲנִי בִי זֶה הַחֹק אֲנִי רֹצֵה לַעֲשׂוֹת הַטּוֹב
וְדַבְּקֵ-בִי הָרָע:

21. ub'ken motse'-'ani bi zeh hachog 'anoki rotseh la`asoth hatob w'dabaq-bi hara`.

Rom7:21 I find then the Law, that, when I want to do good, that evil is present with me.

<21> Εὕρισκω ἄρα τὸν νόμον, τῷ θέλοντι ἐμοὶ ποιεῖν τὸ καλόν,
ὅτι ἐμοὶ τὸ κακὸν παράκειται·

21 Heuriskō ara ton nomon, tō thelonti emoi poiein to kalon,
I find then the principle, the one wanting to me to do the good,
hoti emoi to kakon parakeitai;
that to me the evil is present.

כִּי לְפִי הָאָדָם הַפְּנִימִי הַפְּצַתִּי בְּתוֹרַת אֱלֹהִים:
כִּי לְפִי הָאָדָם הַפְּנִימִי הַפְּצַתִּי בְּתוֹרַת אֱלֹהִים:

22. ki l'phi ha'adam hap'nimi chaphats'ti b'Thorath 'Elohim.

Rom7:22 For I delight in the Law of Elohim according to the inner man,

<22> συνήδομαι γὰρ τῷ νόμῳ τοῦ θεοῦ κατὰ τὸν ἔσω ἄνθρωπον,

22 synēdomai gar tō nomō tou theou kata ton esō anthrōpon,
For I delight in the law of Elohim with respect to the inner man,

23 כג אָבֵל רֵאֶה-אֲנִי בְּאֲבָרֵי חֹק אַחֵר הַלְחֵם לְחֶק-שְׂכָלִי
 וְיִוְלִיכְנִי שְׂבִי לְתוֹרַת הַחֲטָא אֲשֶׁר בְּאֲבָרָי:

23. 'abal ro'eh-'ani b'ebaray choq 'acher halchem l'chaq-sik'li
 w'yolikeni sh'bi l'thorath hachet' 'asher b'ebaray.

Rom7:23 but I see a different law in the members, waging war against the law of my mind and bringing me a prisoner of the law of sin which is in my members.

<23> βλέπω δὲ ἕτερον νόμον ἐν τοῖς μέλεσίν μου ἀντιστρατευόμενον τῷ νόμῳ τοῦ νοός μου καὶ αἰχμαλωτίζοντά με ἐν τῷ νόμῳ τῆς ἁμαρτίας τῷ ὄντι ἐν τοῖς μέλεσίν μου.

23 blepō de heteron nomon en tois melesin mou antistrateuomenon tō nomō tou noos mou but I see a different law in my members warring against the law of my mind kai aichmalōtizonta me en tō nomō tēs hamartias tō onti en tois melesin mou. and capturing me by the law of sin being in my members.

24 כד אֹיִ-לִי הָאָדָם הַעֲנִי מִי יִצִּילֵנִי מִגּוֹף הַמָּוֶת הַזֶּה:

24. 'oy-li ha'adam he'ani mi yatsileni miguph hamaweth hazeh.

Rom7:24 Woe to me the man who shall save me from the body of this death?

<24> ταλαίπωρος ἐγὼ ἄνθρωπος· τίς με ῥύσεται ἐκ τοῦ σώματος τοῦ θανάτου τούτου;
 24 talaiḗpōros egō anthrōpos; tis me hrysetai ek tou sōmatos tou thanatou toutou;
 miserable I am man; who shall rescue me from the body of this death?

25 כה אֲבָרְכָה אֶת-הָאֱלֹהִים בְּיַהֲוֵשׁוּעַ הַמָּשִׁיחַ אֲדֹנָיִנוּ:

25. 'abar'kah 'eth-ha'Elohim b'Yahushua haMashiyach 'Adoneynu.

Rom7:25 I shall bless the Elohim through OYAHU the Mashiyach our Adon (Master)!

<25> χάρις δὲ τῷ θεῷ διὰ Ἰησοῦ Χριστοῦ τοῦ κυρίου ἡμῶν.

25 charis de tō theō dia Iēsou Christou tou kyriou hēmōn.

But thanks to the Elohim through Yahushua the Messiah our Master.

26 כו וּבִכְן בְּשִׂכְלִי הִנְנִי עֹבֵד לְתוֹרַת הָאֱלֹהִים וּבִבְשָׂרִי
 אֲנִי עֹבֵד לְתוֹרַת הַחֲטָא:

26. ub'ken b'sik'li hin'ni `ebed l'Thorath ha'Elohim
 ubib'sari 'ani `ebed l'Thorath hachet'.

So in the mind, I hereby serve the Law of the Elohim, and with my flesh I serve the Law of sin.

ἄρα οὖν αὐτὸς ἐγὼ τῷ μὲν νοῦ δουλεύω νόμῳ θεοῦ τῇ δὲ σαρκὶ νόμῳ ἁμαρτίας.

ara oun autos egō tō men noi douleuō nomō theou

So then I myself with the on one hand mind serve the law of the Elohim

tē de sarki nomō hamartias.

with the on the other flesh the law of sin.